



#ASW22 Challenges

Day	CHALLENGE	Set by
Monday	Go for a walk with your family/friends.	Mrs Greenan ASF Co-Ordinator
Tuesday	GAA challenge from Coach Eamon.	Monaghan GAA Coaching
Wednesday	Volleyball Skills Challenge.	Monaghan Sports Partnership
Thursday	Dance Challenge from Lesley.	Dance with Lesley.
Friday	Bop It Challenge.	Class Teacher
Saturday	Challenge from PE Department - Largy College.	Dessie Mone
Sunday	The Obstacle Race	Olympic Ireland

Please check SEESAW for description of challenges. Enjoy your week!

Don't forget that Friday, 6th May is **#FeelGoodFriday Local Hero Day**